

## **ABSTRACT**

A brake device includes a holder seat for attaching to cycle, one or more brake arms pivotally attached to the holder seat with shafts and each having a brake shoe for braking the cycle. One or  
5 more poles are attached to the holder seat, and each includes a stud, and a coil spring is engaged onto each of the shafts and has one end engaged with the brake arm and the other end engaged with the stud of the pole, to apply a spring biasing force against the brake arm and to recover the brake arm. A fastener may be threaded to the holder  
10 seat and engageable with the pole, for moving and adjusting the pole and the coil spring relative to the holder seat.